

Course Rating 70.4

Women's Red (from 4 Jul 2025)

Par 70

Slope 117

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.8	+5	25.3 to 26.1	27
+4.7 to +3.8	+4	26.2 to 27.1	28
+3.7 to +2.9	+3	27.2 to 28.1	29
+2.8 to +1.9	+2	28.2 to 29.0	30
+1.8 to +0.9	+1	29.1 to 30.0	31
+0.8 to 0.0	0	30.1 to 31.0	32
0.1 to 1.0	1	31.1 to 31.9	33
1.1 to 2.0	2	32.0 to 32.9	34
2.1 to 2.9	3	33.0 to 33.8	35
3.0 to 3.9	4	33.9 to 34.8	36
4.0 to 4.9	5	34.9 to 35.8	37
5.0 to 5.8	6	35.9 to 36.7	38
5.9 to 6.8	7	36.8 to 37.7	39
6.9 to 7.8	8	37.8 to 38.7	40
7.9 to 8.7	9	38.8 to 39.6	41
8.8 to 9.7	10	39.7 to 40.6	42
9.8 to 10.7	11	40.7 to 41.6	43
10.8 to 11.6	12	41.7 to 42.5	44
11.7 to 12.6	13	42.6 to 43.5	45
12.7 to 13.6	14	43.6 to 44.5	46
13.7 to 14.5	15	44.6 to 45.4	47
14.6 to 15.5	16	45.5 to 46.4	48
15.6 to 16.5	17	46.5 to 47.4	49
16.6 to 17.4	18	47.5 to 48.3	50
17.5 to 18.4	19	48.4 to 49.3	51
18.5 to 19.4	20	49.4 to 50.3	52
19.5 to 20.3	21	50.4 to 51.2	53
20.4 to 21.3	22	51.3 to 52.2	54
21.4 to 22.3	23	52.3 to 53.2	55
22.4 to 23.2	24	53.3 to 54.0	56
23.3 to 24.2	25		
24.3 to 25.2	26		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

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Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +5.0	+5	25.6 to 26.5	26
+4.9 to +4.0	+4	26.6 to 27.5	27
+3.9 to +3.0	+3	27.6 to 28.5	28
+2.9 to +2.0	+2	28.6 to 29.6	29
+1.9 to +0.9	+1	29.7 to 30.6	30
+0.8 to 0.1	0	30.7 to 31.6	31
0.2 to 1.1	1	31.7 to 32.6	32
1.2 to 2.1	2	32.7 to 33.6	33
2.2 to 3.1	3	33.7 to 34.6	34
3.2 to 4.1	4	34.7 to 35.7	35
4.2 to 5.2	5	35.8 to 36.7	36
5.3 to 6.2	6	36.8 to 37.7	37
6.3 to 7.2	7	37.8 to 38.7	38
7.3 to 8.2	8	38.8 to 39.7	39
8.3 to 9.2	9	39.8 to 40.7	40
9.3 to 10.2	10	40.8 to 41.8	41
10.3 to 11.3	11	41.9 to 42.8	42
11.4 to 12.3	12	42.9 to 43.8	43
12.4 to 13.3	13	43.9 to 44.8	44
13.4 to 14.3	14	44.9 to 45.8	45
14.4 to 15.3	15	45.9 to 46.8	46
15.4 to 16.3	16	46.9 to 47.9	47
16.4 to 17.4	17	48.0 to 48.9	48
17.5 to 18.4	18	49.0 to 49.9	49
18.5 to 19.4	19	50.0 to 50.9	50
19.5 to 20.4	20	51.0 to 51.9	51
20.5 to 21.4	21	52.0 to 52.9	52
21.5 to 22.4	22	53.0 to 54.0	53
22.5 to 23.5	23		
23.6 to 24.5	24		
24.6 to 25.5	25		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Playing Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap™ have been calculated using a 95% handicap allowance.

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Slope 117

Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +4.2	+4	26.0 to 26.9	25
+4.1 to +3.1	+3	27.0 to 28.0	26
+3.0 to +2.0	+2	28.1 to 29.1	27
+1.9 to +1.0	+1	29.2 to 30.1	28
+0.9 to 0.1	0	30.2 to 31.2	29
0.2 to 1.2	1	31.3 to 32.3	30
1.3 to 2.2	2	32.4 to 33.4	31
2.3 to 3.3	3	33.5 to 34.4	32
3.4 to 4.4	4	34.5 to 35.5	33
4.5 to 5.5	5	35.6 to 36.6	34
5.6 to 6.5	6	36.7 to 37.7	35
6.6 to 7.6	7	37.8 to 38.7	36
7.7 to 8.7	8	38.8 to 39.8	37
8.8 to 9.8	9	39.9 to 40.9	38
9.9 to 10.8	10	41.0 to 42.0	39
10.9 to 11.9	11	42.1 to 43.0	40
12.0 to 13.0	12	43.1 to 44.1	41
13.1 to 14.1	13	44.2 to 45.2	42
14.2 to 15.1	14	45.3 to 46.2	43
15.2 to 16.2	15	46.3 to 47.3	44
16.3 to 17.3	16	47.4 to 48.4	45
17.4 to 18.3	17	48.5 to 49.5	46
18.4 to 19.4	18	49.6 to 50.5	47
19.5 to 20.5	19	50.6 to 51.6	48
20.6 to 21.6	20	51.7 to 52.7	49
21.7 to 22.6	21	52.8 to 53.8	50
22.7 to 23.7	22	53.9 to 54.0	51
23.8 to 24.8	23		
24.9 to 25.9	24		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Playing Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap™ have been calculated using a 90% handicap allowance.

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Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +4.4	+4	26.4 to 27.4	24
+4.3 to +3.3	+3	27.5 to 28.5	25
+3.2 to +2.1	+2	28.6 to 29.7	26
+2.0 to +1.0	+1	29.8 to 30.8	27
+0.9 to 0.1	0	30.9 to 31.9	28
0.2 to 1.3	1	32.0 to 33.1	29
1.4 to 2.4	2	33.2 to 34.2	30
2.5 to 3.5	3	34.3 to 35.4	31
3.6 to 4.7	4	35.5 to 36.5	32
4.8 to 5.8	5	36.6 to 37.6	33
5.9 to 6.9	6	37.7 to 38.8	34
7.0 to 8.1	7	38.9 to 39.9	35
8.2 to 9.2	8	40.0 to 41.0	36
9.3 to 10.4	9	41.1 to 42.2	37
10.5 to 11.5	10	42.3 to 43.3	38
11.6 to 12.6	11	43.4 to 44.4	39
12.7 to 13.8	12	44.5 to 45.6	40
13.9 to 14.9	13	45.7 to 46.7	41
15.0 to 16.0	14	46.8 to 47.9	42
16.1 to 17.2	15	48.0 to 49.0	43
17.3 to 18.3	16	49.1 to 50.1	44
18.4 to 19.4	17	50.2 to 51.3	45
19.5 to 20.6	18	51.4 to 52.4	46
20.7 to 21.7	19	52.5 to 53.5	47
21.8 to 22.9	20	53.6 to 54.0	48
23.0 to 24.0	21		
24.1 to 25.1	22		
25.2 to 26.3	23		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Playing Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap™ have been calculated using a 85% handicap allowance.

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Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +4.7	+4	25.6 to 26.7	22
+4.6 to +3.5	+3	26.8 to 27.9	23
+3.4 to +2.2	+2	28.0 to 29.1	24
+2.1 to +1.0	+1	29.2 to 30.3	25
+0.9 to 0.2	0	30.4 to 31.6	26
0.3 to 1.4	1	31.7 to 32.8	27
1.5 to 2.6	2	32.9 to 34.0	28
2.7 to 3.8	3	34.1 to 35.2	29
3.9 to 5.0	4	35.3 to 36.4	30
5.1 to 6.2	5	36.5 to 37.6	31
6.3 to 7.4	6	37.7 to 38.8	32
7.5 to 8.6	7	38.9 to 40.0	33
8.7 to 9.8	8	40.1 to 41.2	34
9.9 to 11.0	9	41.3 to 42.4	35
11.1 to 12.2	10	42.5 to 43.6	36
12.3 to 13.4	11	43.7 to 44.8	37
13.5 to 14.7	12	44.9 to 46.0	38
14.8 to 15.9	13	46.1 to 47.3	39
16.0 to 17.1	14	47.4 to 48.5	40
17.2 to 18.3	15	48.6 to 49.7	41
18.4 to 19.5	16	49.8 to 50.9	42
19.6 to 20.7	17	51.0 to 52.1	43
20.8 to 21.9	18	52.2 to 53.3	44
22.0 to 23.1	19	53.4 to 54.0	45
23.2 to 24.3	20		
24.4 to 25.5	21		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Playing Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap™ have been calculated using a 80% handicap allowance.